

Tsum Valley Trekking-18days

Service Includes:

- Hotels in Kathmandu with Bed & Breakfast as per itinerary.
- Permit fee of trekking area
- Equipment: Trekking tents, Dining tent, Kitchen Tent, Toilet Tent, Table and chairs, Mattresses during the trekking.
- Conservation Permit
- Meals during the trekking Breakfast, Lunch, Dinner
- Guide, Cook, Sherpa, Kitchen helper & necessary porters.
- Airport Pick up Drop
- Trek point transportation by bus
- Staffs insurance, food & daily allowance for them
- If home stay accommodation in home stay

Service Excludes:

- Personal equipment for Trekking/climbing
- Personal Insurance for travel to Nepal
- Lunch & dinner in Kathmandu
- Emergency Rescue evacuation
- Trekking Sleeping bag
- Personal expenses
- Tipping (Tips) to staffs
- Bar bills, Mineral water/Hot shower
- Departures taxes.



Itinerary II

Day 01: Driving from Kathmandu to Arughat (535m-10 hours by bus)

Day 02: Trek from Arughat to Liding (860m-7km-4 hours walk)

Day 03: Trek to Machhakhola (930m-9km-5 hours walk)

Day 04: Trek to Jagat (1410m-11km-6hours walk)

Day 05: Trek to Lokpa (2040m-10km-5 hours walk)

Day 06: Trek to Chunling (2363m-7km-3.5 hours walk)

Day 07: Trek to Chhokangparo (3010m-13km-8 hours walk)

Day 08: Rest Day

Day 09: Trek to Chhule-Nile (3361m-9km-4.5 hours walk)

Day 10: Trek to Mu Gompa (3700m-5km-3 hours walk)

Day 11: Trek to Rachen Gompa (3240m-8km-4.5 hours walk)

Day 12: Trek to Dumje (2440m-11km-6.5 hours walk)

Day 13: Trek to Gumba Lungdang (3200m-6.5km-4 hours walk)

Contact Information:

Encountersnepal.com

GPO Box: 21952, Thamel Marg,
Thamel

Block No.: 505, First floor,
Kathmandu, Nepal

Phone: 00977-1-4411 142, 4411 338

Fax: 00977-1-4411 338

Cell:

+977-9851090105 (Rishi)

Email:

info@encountersnepal.com

Web Site:

<http://www.encountersnepal.com>

Day 14: Trek to Ripchet (2468m-9km-5 hours walk)

Day 15: Trek to Dobhan (1070m-14km-7 hours walk)

Day 16: Trek to Soti Khola (720m-18km-9 hours walk)

Day 17: Trek to Arughat (535m-7km- 4 hours walk)

Day 18: Drive to Kathmandu (10 hours by bus)









