

# Tsum Valley Trekking-26days

## Service Includes:

- Hotels in Kathmandu with Bed & Breakfast as per itinerary.
- Permit fee of trekking area
- Equipment: Trekking tents, Dining tent, Kitchen Tent, Toilet Tent, Table and chairs, Mattresses during the trekking.
- Conservation Permit
- Meals during the trekking Breakfast, Lunch, Dinner
- Guide, Cook, Sherpa, Kitchen helper & necessary porters.
- Airport Pick up Drop
- Trek point transportation by bus
- Staffs insurance, food & daily allowance for them
- If home stay accommodation in home stay

## Service Excludes:

- Personal equipment for Trekking/climbing
- Personal Insurance for travel to Nepal
- Lunch & dinner in Kathmandu
- Emergency Rescue evacuation
- Trekking Sleeping bag
- Personal expenses
- Tipping (Tips) to staffs
- Bar bills, Mineral water/Hot shower
- Departures taxes.



## Itinerary III

---

**Day 01:** Driving from Kathmandu to Arughat (535m-10 hours by bus)

**Day 02:** Trek from Arughat to Liding (860m-7km-4 hours walk)

**Day 03:** Trek to Machhakhola (930m-9km-5 hours walk)

**Day 04:** Trek to Jagat (1410m-11km-6hours walk)

**Day 05:** Trek to Lokpa (2040m-10km-5 hours walk)

**Day 06:** Trek to Chunling (2363m-7km-3.5 hours walk)

**Day 07:** Trek to Chhokangparo (3010m-13km-8 hours walk)

**Day 08:** Rest Day

**Day 09:** Trek to Chhule-Nile (3361m-9km-4.5 hours walk)

**Day 10:** Trek to Chho Syong (4000m-8 hours walk)

**Day 11:** Trek to Dupchet (4180m-5 hours walk)

**Day 12:** Trek to Chhemdo (4110m – 4 hours walk)

**Day 13:** Trek to Chhekya (4240m-4 hours walk)

**Day 14:** Trek to Sangti (5066m-8 hours walk)

**Day 15:** Trek to Yamdro (4510m-8 hours walk)

## Contact Information:

**Encountersnepal.com**

**GPO Box:** 21952, Thamel Marg,  
Thamel

**Block No.:** 505, First floor,  
Kathmandu, Nepal

**Phone:** 00977-1-4411 142, 4411 338

**Fax:** 00977-1-4411 338

**Cell:**

+977-9851090105 (Rishi)

**Email:**

info@encountersnepal.com

**Web Site:**

<http://www.encountersnepal.com>

**Day 16:** Trek to Bhajyo(4030m-7 hours walk)

**Day 17:** Trek to Thongbu(4560m-2 hours walk)

**Day 18:** Trek to Lungdang (4240m-7 hours walk)

**Day 19:** Trek to Rachen Gompa (3240m-6.5 hours walk)

**Day 20:** Trek to Dumje (2440m-6.5 hours walk)

**Day 21:** Trek to Gumba Lungdang (3200m-4 hours walk)

**Day 22:** Trek to Ripchet (2468m-5 hours walk)

**Day 23:** Trek to Dobhan (1070m-8 hours walk)

**Day 24:** Trek to Soti Khola (720m-9 hours walk)

**Day 25:** Trek to Arughat (535m-4 hours walk)

**Day 26:** Drive to Kathmandu





